

## Food & Shopping



### Task: A Traditional Dish

#### Topic Overview

In this topic, students will learn some basic vocabulary for Chinese food and ingredients and some simple expressions related to Chinese cookery. Students will practice Chinese cooking using the recipes and information provided.

#### Task Description

This task is for students to write a shopping list of necessary ingredients and very simple cooking instructions for preparing a traditional Chinese dish. Students will have to keep their expenses to a given budget. Students will prepare a poster or PowerPoint presentation of their chosen dish, as well as the ingredients list and/or a Vlog of them demonstrating how to cook it.

#### Learning Outcomes

- Recognise the main ingredients in a traditional Chinese dish
- Investigate the prices of food items
- Explore the basic techniques of Chinese cookery
- Learn about authentic and popular Chinese dishes in different regions in and outside of China

#### Resources

- A food map of China: <https://www.tasteatlas.com/china>
- A Simple Tomato Eggs recipe: <http://bit.ly/eggstomato>
- Tomato Eggs taught by Chinese national banquet masters: <http://bit.ly/tomatoegg>
- Shredded Potatoes Chinese Style: <http://bit.ly/CNpotato>
- To prepare for the task: <https://www.asiamarket.ie>

#### Comments

This task could be done with students working in groups, pairs or individually. You could collect all the list and create a book of recipes. You can liaise with the home economics teacher and prepare some of the dishes.

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Expected time taken - 80 Mins



#### Key language

Names of dishes:	西红柿炒鸡蛋、炒土豆丝、饺子
Verbs:	切、泡、包、炒、煮
Appliances:	刀、菜板、锅
Ingredients:	西红柿、鸡蛋、土豆、面粉、肉、盐、糖、油、酱油、水

It is important to remember that students learn the language chunks they need. They are not expected to learn the grammatical categories.

#### Suggested Scaffolding Activities

- Crossword: food/dishes to be recognised by using pictures.
- Doubles/spot it: an observation game using images to present different kinds of food.
- Flashcards or Quizlet: help students familiarise themselves with different objects.

#### Self-assessment can-do descriptors

I can:

- Follow a simple recipe.
- Recognise the names of some foods.
- Write a list of ingredients for a traditional dish.
- Pronounce the names of some typical dishes.
- Work out a budget and the prices of food items.

#### Key Skills

- Managing information and thinking
- Being creative
- Communicating
- Being literate

#### Additional Suggestions

Go to a Chinese restaurant and try a taste test/blind tasting whereby students guess the ingredients in a Chinese dish.

Arrange for a Chinese person to come to the school and the students interview them.

Play a matching game where you have pictures on one card and name character(s) on the other. They are turned upside down and students take it in turns to turn over two cards. If they match the food and character then they keep the cards. If they do not, they have to turn them back over and someone else in the group has a go. Continue until all cards are gone.